

St. Patrick's Day Invitational

March 27-28, 2010

Sanctioned by Georgia LMSC for USMS: **4510-S03**

Dynamo Swim Center - Atlanta, GA

FACILITY

The Dynamo Swim Center at 3119 Shallowford Road, Atlanta, GA, 30341. The pool is an indoor 10-lane, 25-yard pool, seven feet deep throughout with a state of the art three-color 10-line scoreboard. *The pool has been certified and times will count for USMS records and Top Ten submission.* There will be anywhere from 5 to 23 lanes available for warm-up/warm-down. (Swimmers are reminded that USMS safety rules dictate a feet first entry in the warm-up/warm-down lanes except where designated.) Non-turbulent lane lines and automatic timing will be used. Athletes will have use of the shower and restroom facilities. There is ample onsite parking.

The Dekalb County Fire Marshall dictates that folding chairs will not be allowed on the pool deck.

RULES & ELIGIBILITY

Current USMS rules apply. The event is open to USMS registered swimmers at least 18-years-of-age as of March 27, 2010.

A copy of your 2010 USMS card must accompany your entry in order for it to be processed.

ENTRY DEADLINE

Entries must be received by Wed March 17th, **2010**. Entries received after this date will be handled as **deck entries**.

Psych sheets will be available at www.DynamoMasters.com for review and corrections on Tue March 23rd.

ENTRIES

A swimmer may enter a maximum of four (4) individual events per day, exclusive of relays. Use the attached entry form. Relays will be deck seeded using forms available at the meet. All relay swimmers must be registered and entered in the meet. Deck entries will be accepted during Session I warm-ups on Saturday until 10:45am, with a \$10.00 late fee. (Late entries will be seeded into empty lanes when available. New heats will not be created to accommodate late entries.)

The clerk of course will close at 12:00pm.

1000 FREESTYLE SWIMMERS

The 1000 free is limited to the first 40 entries. You may designate a "5th" event for Saturday should the 1000 be full. Make sure your 5th event is well marked or we will drop the last event listed for Saturday if needed.

CLERK OF COURSE

The meet will be managed by the Clerk of Course. Questions concerning entries and results will be handled by the Clerk during the meet.

FEES

One day: \$25.00 **Two days:** \$40.00

Deck entry add \$10.00 late fee.

There will be **no charge** for relay events.

NO REFUNDS.

SEEDING

Women's events will precede men's. Heats will be slow to fast:

The 1000 free, 500 free and 400 IM will be swum slow to fast. The meet director/clerk of course reserves the right to combine men's and women's heats to swim these events as MIXED.

AWARDS

Individual High Point Awards will be given to the top scorer in each age group for men and women. A minimum of five individual events must be swum to qualify for High Point.

MEET SCHEDULE

Saturday: Session I:

Pool opens for warm-ups at 9:00 a.m.

1000 Freestyle starts at 10:00 a.m..

Saturday: Session II:

Relay entries for events 3/4/21 are due by 11:00 a.m.

Warm-up for at least 30 minutes at the conclusion of the 1000 freestyle. Afternoon session starts no earlier than 11:00am

Sunday:

Relay entries for events 25/26/41 are due by 10:00 a.m.

Pool opens for warm-ups at 9:00 a.m.

Competition begins at 10:00 a.m.

SOCIAL

Details for an informal gathering will be announced at the meet.

Concessions: Will be offered at the meet

DIRECTIONS to POOL

Interstate 85 to exit #93 (Shallowford Road). Go north on Shallowford 1.3 miles; the Dynamo Swim Center is on the right side of the road.

HOTEL INFORMATION

See next page.

MEET DIRECTOR

Maria Thrash (cell) 404.374.3578 mariat0202@aol.com

Information, Directions and Psych sheets will be available at: WWW.DYNAMOMASTERS.COM Tue March 23rd

Notes: Masters swimming is a strenuous activity and each participant is advised to consult a physician before participating in such a program. Due to stipulations in the Dynamo Swim Center's insurance policy, you must be registered with USMS to participate in the meet. NO CHILDREN or NON-REGISTERED GUESTS will be allowed in the pools during the weekend.

Dynamo Swim Club Preferred Hotels

Holiday Inn-Select

Atlanta Perimeter Dunwoody
4386 Chamblee Dunwoody Road
Atlanta, Ga. 30341
(770) 296-6002 or (770) 457-6363
\$72.00 per room + 12% tax
Full service hotel
About 6 miles from Dynamo
Restaurant in hotel
For reservations contact:
Kerstin Sommer-Raza, Sales Manager
(770)457-6363 ext.316
sales3.hisperimeter@fhmchotels.com
www.hiselect.com/atl-perimeter

Doubletree Hotel

Atlanta NE/Northlake
4156 LaVista Road
Tucker, GA 30084
678-987-1172 or 770-938-1026
\$79.00 per room + 12% tax (valid only Thursday, Friday, and Saturday)
Full service hotel
About 4 miles from the Dynamo Swim Club
(7 minutes)
Marlow's Tavern serving breakfast, lunch and dinner
For reservations contact: Tammi Whitehead,
Sales Manager 678-987-1172 or
tammi.whitehead@hilton.com
www.atlantnorthlake.doubletree.com

Hilton Atlanta Northeast

5993 Peachtree Industrial Boulevard
Norcross, Ga. 30092
\$79.00 Standard Room, valid only Thursday, Friday and Saturday
\$99.00 Junior Suite, valid only Thursday, Friday and Saturday.
+13% tax
full service hotel, about 8 miles from Dynamo
For reservations contact: Jacquelyn Simmons, Sales Manager
(678)533-3327
jsimmons@hiltonatlantane.com
www.atlantaneast.hilton.com



Dynamo Masters Swim Team - St. Patrick's Day Invitational

March 27-28th, 2010 Atlanta, GA

Name _____ Sex _____ Age _____ Birth date _____

Address _____ City _____ State _____ Zip _____

Telephone _____ E-mail _____

USMS# _____ Team* _____ Team Abbreviation* _____

Your entry will not be processed without a copy of your 2010 USMS Registration Card.

* For in-state meets GAJA Super Team swimmers should use their Chapter Designation as their team, rather than GAJA.

Saturday			
Women (circle)	Seed time	Event	Men (circle)
1	_____	1000 Free	2
3	_____	200 Freestyle Relay	4
5	_____	200 Butterfly	6
7	_____	50 Freestyle	8
9	_____	200 Breaststroke	10
11	_____	100 Backstroke	12
13	_____	200 Freestyle	14
15	_____	50 Butterfly	16
17	_____	50 Breaststroke	18
19	_____	400 IM	20
21	_____	200 Free Relay Mixed	

SUNDAY			
Women (circle)	Seed time	Event	Men (circle)
23	_____	500 Free	24
25	_____	200 Medley Relay	26
27	_____	200 IM	28
29	_____	50 Backstroke	30
31	_____	100 Freestyle	32
33	_____	100 Breaststroke	34
35	_____	100 Butterfly	36
37	_____	200 Backstroke	38
39	_____	100 IM	40
41	_____	200 Medley Relay Mixed	

Maximum of four individual events per day. The 1000 freestyle is open to the first 40 entrants.

Saturday: warm-ups: 9am, competition: 10:00 a.m. There will be a 30 minute warm-up at the conclusion of the 1000.

Afternoon session starts no earlier than 11:00am

Sunday: warm-ups: 9:00 a.m., competition: 10:00 a.m.

Fees

One Day \$25.00

Two Days \$40.00

Deck Entry \$10.00 late fee added

No Refunds

Total Cost : _____

Make checks payable to: Dynamo Swim Club

c/o Maria Thrash (cell) 404 374-3578

3119 Shallowford Rd

Atlanta Ga 30314

****Entries without a copy of your 2010 USMS registration and signature will not be processed**

RELEASE

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risk inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature _____ Date _____